

## FROM THE KITCHEN TIL 2PM

### - granola -

toasted maple granola, coconut pannacotta, raglan  
yoghurts' berry, caramelised autumn fruit  
gf - df - rsf - vg 16.5

### - eggs and things -

free range eggs, seasonal salsa on sourdough, grain toast or  
gluten free seeded superloaf (+3)  
gfo - dfo - vo 12  
+... hollandaise/ or upgrade to gluten free bread 3  
+... mushroom/ or greens/ or tomato/ or eggs 4  
+... herbed potato bake/ or halloumi 5  
+... pirongia bacon or thick cut ham 6  
+... house smoked salmon 7

### - french toast -

custard filled brioche, macadamia nut crumb, poached pear  
puree, chocolate ganache, maple  
+...free range bacon 5  
v 19

### - eggs penny farthing -

poached eggs, greens, herbed potato bake, parsley + lemon  
hollandaise  
gf - vo  
w/ pirongia bacon 19.5 or/ house smoked salmon 24  
or/ mushroom + broccolini (v) 19.5

### - dutch pancake -

honey lemon syrup, banana, mascarpone, apricot preserve,  
toasted almonds  
gf 18

### - turkish eggs -

poached eggs, halloumi, pumpkin, dukkah, pita bread,  
lemon + garlic hummus  
v 18.50

### - front wheel breaky -

poached eggs, free range bacon, sourdough, savoury mince,  
potato bake, roast vine tomato, portobello mushroom  
gfo - dfo 24

### - mushroom -

teriyaki swiss browns, broccolini, cauli puree  
sesame pesto, superfood loaf  
gf - v 18

### - broth -

poached tiger prawns, bok choy, hot and sour broth,  
rice noodles, kaffir lime, fresh herbs  
gf - df 19

### - autumn lentil salad -

chilli roasted baby carrots, kale, pecans, cranberry,  
sumac seeds, apple  
gf - v 17  
+...sautéed prawns 7

### - savoury mince -

super savoury NZ wagyu beef mince, yorkshire pudding,  
smashed pea, sage fried egg  
19.5

### - balance bowl -

sweet citrus tofu, tempura vege  
cashew satay, vermicelli noodles, bok choy + fresh herbs  
gf - df - v - vg 22  
+...poached eggs 4/ or sautéed prawns 7

### - bikery taco -

bikery fried chicken, slaw, jalapeno mayo, pickled carrot,  
on soft taco  
gfo 16

### - croque madame -

champagne leg ham, gruyere, dijon, dill beschamel,  
truffle oil, fried egg + rocket  
17.50

## CHECK OUT OUR BLACKBOARDS FOR DAILY SPECIALS + FRESH CABINET FOR LIGHTER LUNCH OPTIONS

## SWEETS IN THE CABINET INCLUDING FAMOUS CUSTARD SLICE + BEETROOT QUINOA BROWNIE + RAW TREATS

### sides

- hollandaise/ or upgrade to gluten free bread	3
- mushroom/ or greens / or tomato/ or eggs	4
- herbed potato bake/ or halloumi / or thick cut seared ham	5
- pirongia bacon /or toasts with butter and honey	6
- house smoked salmon/ or sautéed prawns	7

### sharing is caring

bikery fried chicken, jalapeno mayo	gf	12
kumara shards, sweet chili + aioli	gf - df	9
rustic fries, tomato sauce + aioli	gf	8

*Please advise our staff if you have any special dietary requirements  
– we are happy to tailor where possible*

*dietary key (v – vegetarian) (vg – vegan)  
(gf – gluten free) (df – dairy free)  
(gfo/dfo – options available)*

**PLEASE ORDER AT THE COUNTER**

**- coffee -**

short black/ long black/ americano/ macchiato	4
piccolo	4.2
flat white/ cappuccino/ latte	4.5
mocha/ hot chocolate	5
hakanoa chai latte, classic or spicy	5.5
bikery winter tonic	5.5
lemon, honey, cracked pepper, parsley, chilli, turmeric, ginger	

**- special lattes -**

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a coffee alternative made with a coconut and almond blend and a dash of raw maple

cosmic blue

blue spirulina, holy basil and fruits filled with antioxidants

black detox

activated charcoal, raw cacao and spices, a hangover cure!

golden bliss

adaptogenic herbs and turmeric for stress

**- tea total loose leaf teas -**

for one 4

for two 7

green sencha. japanese lime.

peppermint. goji + raspberry. ginger kawakawa spice.

peach berry crumble. carrot + cranberry. ginger lemon kiss.

english breakfast. earl grey

**- extras -**

large .5

takeaway .2

(or, bring a reusable cup + save!)

*please consider bringing a reusable cup, our staff are happy to fill anything within reason!*

*one million disposable cups end up in landfill everyday*

soy or almond milk .5

organic coconut milk .8

cream or syrup (vanilla, caramel, hazelnut) .8

**- iced -**

americano/ latte	5
vanilla/ chocolate	6.5
coffee/ mocha/ chai	7
iced tea; change daily until sold out	6.5

**- smoothies -**

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- green ginja ninja -

orange, mango, kale, ginger, lemongrass (df)

- black beauty -

blueberries, activated charcoal, mango, basil, apple juice (df)

- hello yello -

mango, orange, coconut, turmeric, passionfruit (df)

- cacao snickers -

raw cacao, banana, pils peanut butter, nuzest chocolate protein, dates

*all our smoothies are made to order and are gluten and refined sugar free*

**- from the fridge -**

batchwell organic kombucha 7.5

arepa mental clarity 7

bootleggers lime + soda (rsf) 5.5

check out our range of phoenix organic and charlies juices, fizzies + bottled water

